

How to celebrate ramadan in the current covid-19 situation

Stay at home and use digital media to 'see' family and friends. This is the best way to look after your loved ones, the elderly and the weakest in our society.



Only break your fast with the people you live with. Furthermore, perform your tarawih prayer and spiritual retreat (itikaf) at home, and only with the people you live with.



Do not participate in gatherings exceeding 10 people. This also applies to gatherings in parks, nature and the like.



Keep a distance of two metres from others when you are outside your home, and avoid physical contact like handshakes, hugs and cheek kisses. Make sure to wash and sanitize your hands frequently and cough/sneeze into your sleeve.



Only celebrate Eid with the people you live with.

If you need more information about COVID-19, you can find the recommendations from the Danish authorities at <https://politi.dk/en/coronavirus-in-denmark> as well as material translated into a number of languages at www.uim.dk/covid-19